

# Welcome to Truro Preschool and Kindergarten!



*We are glad you came to visit our school today!*

Please feel free to call us with any questions you might have.

*Included you'll find...*

- \* Classes offered for 2017-2018 and tuition rates
- \* A "Snapshot of Our Program"
- \* Information about additional programs
- \* A "Frequently Asked Questions" document
- \* A school calendar for the current school year
- \* Sample monthly lesson plans

*Items you need to bring with you to register...*

- \* A completed Registration Form
- \* Your child's original birth certificate or a current passport
- \* Check or cash for the registration fee: \$115 for new students; \$90 for returning students
- \* Kindergarten only: You will be required to sign a Financial Agreement committing to pay for the entire school year.

*What are the dates of registration?*

- \* January 26: In-house (currently enrolled) lottery
- \* January 27: Alumni lottery
- \* January 31: Open registration lottery

*Please have your forms to the TPK office by 9 a.m. the day of these lotteries. You can turn your forms in early and we will include them in the lottery; late forms will be included in the next registration round. You do not need to be present on registration day. Following Open Registration, we will accept registrations on a space-available basis.*

You are invited to an optional Registration Open House on Wednesday, January 18 at 7pm.

Come for a tour and have any questions answered.

**See the reverse of this page for additional important dates.**

Truro Preschool & Kindergarten | 10520 Main Street, Fairfax | (703) 691-1006 | [truropreschool.org](http://truropreschool.org)

TPK office hours: Monday through Friday 9am – 4pm

*(Inclement weather policy: we follow Fairfax County Public School delays and closings; call 703-691-1006 for information)*

# Registration Frequently Asked Questions

*What if the class I wanted is full?*

- \* We will add your child to the wait list for your preferred class.
- \* We recommend placing your child on the roster for your second choice class.
- \* Changes to our roster frequently occur and we very often find that we can place your child in your preferred class in the weeks following Open Registration.

*What happens after I register?*

- \* You will receive a confirmation email after registration is complete.
- \* You will receive information in April regarding your tuition deposit and other next steps. Your tuition deposit secures your space and becomes your May 2018 tuition payment.
- \* We will send you a big packet of information in July with a supply list and other information about what you need to know to start school.

*What if I need to make a change?*

- \* Your registration fee and tuition deposit are non-refundable.
- \* You can move your child to another class on a space-available basis.
- \* Call the Preschool office if you have questions – we'll do our best to help!

## Important 2017-2018 Dates

Day	Event
September 5, 2017	<i>Open House/New Parent Orientation</i> - Come meet your child's teacher and have your questions answered by TPK administrative staff.
September 6, 2017	<i>First day of school</i> – Classes will meet on their normal schedules beginning today.
September 14, 2017	<i>Back to School Night</i> - This important evening is time for you to hear from the school administration, see your child's classroom, and learn more details about what your child is learning. Don't miss this one!
September 20, 2017	<i>After-School Programs Begin</i>

# About Truro Preschool & Kindergarten

Thank you for visiting our school today! We're delighted to show you around.

The main goal here at Truro Preschool and Kindergarten is to first know that we have been created by a loving God, and to be in relationship with Him and others. We believe that God has a purpose and good plan for our lives.

At TPK, we wish to help children know that they have been created by a loving God, and that Jesus loves them and has a plan for their lives. It is central to us to make sure each child in our building knows they are safe and they are loved. Our goal is to have children grow as Christ grew: "Jesus grew in wisdom and stature, and in favor with God and man (Luke 2:52).

We are a developmental preschool, providing intentional opportunities where children are learning through a variety of teacher-led and child-led play experiences.

We also seek to equip our children to know how to engage in positive relationships with their peers and teachers, and all in an age-appropriate environment that supports optimal learning and development.

We hope this packet will answer your questions about TPK and our programs. Please call us if you have any additional questions.

# Mom & Me Playgroup

*A mini Preschool day with mom (or dad!)*

Learn, play, and get ready for school at TPK!



**Who:** Students who are enrolling at TPK in the fall, with a parent or caregiver. Younger siblings are also welcome!

**What:** A wonderful opportunity for you and your preschool child to come and play and engage in age-appropriate activities, social interactions, and preparation for their first preschool experience at TPK. Activities include free play, circle time, crafts, snack, and music & movement.

**When:** Fridays, 9:15-10:45, May 5, 12, 19

**Where:** TPK Room 34 (3<sup>rd</sup> floor, near the office)

**RSVP:** [fbracy@truroanglican.com](mailto:fbracy@truroanglican.com)

**Things to know:** In order to get the most out of Playgroup...

- \* Come prepared to play with your child utilizing all the activities during free play.
- \* Sit with your child during circle time. This may be a new experience for your child; if they lose interest, don't stress out! Quietly play with them on the other side of the classroom. You will be surprised how quickly they will want to join the group.
- \* Your child remains your responsibility throughout the entire playgroup.
- \* Little people can spread germs quickly! In an effort to keep everyone healthy, please do not attend if your child is sick or has had symptoms in the last 24 hours.

*We look forward to getting to know you and your child, and helping your child become familiar and comfortable with their new school!*

## Classes Offered | 2017-2018

Age	Days Offered	Time	Tuition
<b>2 ½ Year Olds</b> (born on or before February 28, 2015)	2 days: Thursday & Friday	9:00am-12:30pm	\$230/month
<b>3 Year Olds</b> (born on or before September 30, 2014)	2 days: Thursday & Friday	9:00am-1:00pm	\$240/month
	3 days: Monday-Wednesday		\$360/month
	4 days: Monday-Thursday		\$455/month
<b>4 Year Olds</b> (born on or before September 30, 2013)	3 days: Monday-Wednesday	9:00am-1:00pm	\$370/month
	4 days: Monday-Thursday		\$470/month
	5 days: Monday-Friday		\$530/month
<b>Pre-Kindergarten</b> (all Pre-K students must have completed a 4's class)	5 days: Monday-Friday	9:00am-1:00pm	\$560/month
<b>Kindergarten</b> (born on or before September 30, 2012)	Monday-Friday	9:00am-1:00pm 9:00am-2:00pm	\$625/month
	3 days		
	2 days (to be determined)		

## Additional Programs Offered | 2017-2018

Program	Days Offered	Time	Tuition
<b>Breakfast Bunch</b> (3's and up)	Monday-Thursday (based on enrollment)	8:00am-9:00am	\$10/day
<b>Lunch Bunch</b> (3's and up)	Monday, Wednesday, Thursday	1:00pm-2:00pm	\$10/day
<b>Imagination Factory</b> (4's and up)	Monday, Tuesday, Wednesday	1:00pm-3:30pm	\$20/day
<b>God's Big World</b> (4's and up)	Thursday	1:00pm-3:30pm	\$20/day

# Snapshot of Our Program

## Our 2 ½ Program:

*One of the primary goals in our 2½-year-old class is to help children have a positive first experience in school. In this class...*

- \* Children are encouraged to **explore** and **discover** the world around them.
- \* Children are learning the **routine** of the school day; to **share** and **cooperate** with friends, and express their thoughts, ideas, and feelings.
- \* Activities include: dressing up in costumes, brushing colors on easel paper, squeezing play dough, stacking blocks, putting puzzles together, exploring the sand and water tables, singing songs, and listening to stories. This program supports the **growth of language** that is growing by leaps and bounds at this age.

## Our 3's Program:

*Our three-year-olds are involved in a wide variety of group and individual activities. In this class...*

- \* Children expand their **problem-solving** abilities, grasp of language, and memory/listening skills while enjoying relationships with classmates and teachers.
- \* Goals include **strengthening small muscles** needed for writing, understanding and following directions, learning to count objects up to 5, and growing in their **ability to focus** during group times.
- \* Activities include circle time stories and finger plays, **center time "hands-on" learning** experiences, and creative movement are all part of the three-year-olds' preschool experience.

## Our 4's Program:

*Our fours program follows the Virginia Standards of Learning for Pre-K. In this class...*

- \* Children build toward **kindergarten readiness** using Virginia's Foundation Blocks for Early Learning through a creative, age-appropriate curriculum with components including literacy, mathematics, science, history, and physical/motor development.
- \* **Goals** include **connecting sounds with letters**; recognizing and writing their own name; forming numbers and letters with downwards strokes; rhyming and putting their ideas into words; understanding numbers 1-20; and recognizing and creating patterns.
- \* Activities include a wide variety of **multi-sensory tasks** designed to stimulate and strengthen early math development, pre-reading, and pre-writing skills: story time, imaginative play, games, art, and "hands-on" activities.

## Our Pre-Kindergarten Program:

*Our Pre-Kindergarten program is for children who have completed a 4's program. This class is designed for children who would benefit from an extra year of academic and social development. In this class...*

- \* Students receive an **in-depth review** of the **Virginia Foundation Blocks for Early Learning** for Pre-K and focuses on building self confidence, social skills, and independence
- \* Our **unique curriculum** includes **themes** such as Creation, On the Farm, Rivers, Arctic/Antarctica, Deserts, Castles (with princesses & knights), Rainforests, and Oceans.
- \* Goals include recognizing the **patterns and rhythms of sounds**, displaying knowledge of written and spoken words, and **demonstrating imagination and creativity** in expressing ideas orally and in writing. The goal is to give them a **solid, rich foundation** so that they will be ready to launch into reading.

*If your child is not currently enrolled in TPK, an informal assessment of the child by our Early Childhood Development Specialist is required before registering for this class.*

## Our Kindergarten Program:

*The Kindergarten program at TPK is a developmental approach to teaching academics. In this class...*

- \* Students work toward **all of the Virginia Standards of Learning (SOL)** objectives with learning goals for **literature, math, science, social studies, art, music, and physical education; all from a Biblical perspective.** We seek to provide a loving, nurturing atmosphere which prepares children socially, emotionally, spiritually, and academically for elementary school.
- \* Our reading program focuses on **literacy instruction** through **phonics** and **whole language**, comprehension strategies, and interactive and independent writing experiences. Activities include **whole group and small group** instruction; practicing language through speaking opportunities, listening skills, and read-aloud. Genres include fiction and non-fiction, leveled readers for **teacher guided** reading practice, and **daily read-aloud** anthologies. **Writing** activities include handwriting, shared writing, interactive writing, and independent writing.
- \* Our science and math programs offer a wide variety of **hands-on activities** for learning. For instance in our science program, the children learn by hearing, direct participation, and interpreting what they have learned together and with their teachers. The goal of the math program is to help children develop an understanding of basic mathematical relationships. The **curriculum** is **concrete and sequential** with a **progression of concept development** from the concrete to the abstract. Children will have many opportunities to develop mathematical concepts using manipulatives before working solely with numbers and symbols. Counting, classifying and graphing, patterning, measuring, adding and subtracting, money, and time are all part of the math curriculum.

## Our Chapel Program:

- \* Children attend Chapel weekly at TPK and hear Bible stories, sing songs, share prayer requests, and participate in teacher-led skits. The use of puppets, movement and music, and opportunities for involvement make this program a special favorite among our child population.

# Additional Programs

We offer the following programs before and after school. Please call the TPK office for more information.



## ***Breakfast Bunch (3 years and older – 8:00-9:00 am)***

Breakfast Bunch is for families who need an early drop-off for their children. Children will enjoy relaxed play time, a breakfast snack (if desired – parent provided), and story time.

## ***Lunch Bunch (3 years and older – 1:00-2:00 pm)***

Lunch Bunch is a fun, relaxed time for your child to eat lunch (parent provided), have story time, and play with friends for one hour after school.

## ***Imagination Factory (4 years and older – 1:00-3:30 pm)***

Imagination Factory is a venue for your child to enjoy child-led playtime through different imaginative centers including puppets, construction toys, art projects, and various games. The children also engage in exercise using their bodies to develop gross motor skills and coordination. Children's activities, which include singing, dancing, and puppets, are geared toward encouraging their self-confidence. These activities follow an in-house curriculum that enhances learning through play. Using their imaginations through these creative play experiences, children are further developing their social skills. The children will eat lunch first, engage in the lesson time and then enjoy playground or upper room time depending on the weather.



## ***God's Big World (4 years and older – 1:00-3:30 pm)***



This year in God's Big World, children have been looking at various cultures around the world, and how God has made each group of people on His earth unique and special. Children are exposed to differing traditions and backgrounds of various cultures around the globe through sampling the food, or learning vocabulary words in a different language. Activities for the children include games, art projects, and music and movement opportunities. The children will eat lunch first, then engage in the lesson time and the activities prepared, and enjoy playground or upper room time depending on the weather.

# Frequently Asked Questions

## *What does a typical day at TPK look like?*

A typical school day at TPK includes circle time; center-based activities (some child-led and some teacher-led); free play; story-time and music time; indoor or outdoor recess; snack/lunch; and hands-on projects and activities. These activities are planned around a curriculum that, starting with our fours program, is based on Virginia's Foundation Blocks of Learning, so this will include our Pre-Kindergarten and Kindergarten classes as well. For our 2's and 3's, a typical day will start with greeting, tabletop activities, and a short circle time. A school snack is provided in the morning, then some Play Time in the upper room or outside, story time, a chance for center-based activities, lunch, and finally, a closing circle. Bathroom breaks are frequent throughout the day, and part of the routine at school.

## *What's the difference between an academic and a developmental program?*

At TPK, we believe that teaching to the whole child is most effective. This means that in every classroom in the building, children are given a number of developmentally appropriate activities for hands-on learning; incorporating music and movement, opportunities to strengthen fine motor and gross motor skills, learning through play, and learning to navigate their social world through every interaction throughout the day.

## *How are the teachers at TPK trained?*

Commonwealth of Virginia standards for licensing requires that Teachers receive 16 hours of continuing education annually; Assistants receive 12 hours. While we have a "religious exemption", we meet the **same standards** that are required by the Commonwealth of Virginia. TPK provides 8 hours of 'in-house' training throughout the year.

## *Can I help in my child's classroom?*

Yes! We don't have a parent participation requirement, but if you have a skill, talent, or occupation you'd like to share in the classroom – or you'd like to read a story to your child's class or help with a project – you're welcome to! We will send you a list of ways you can be involved in your child's classroom and the Preschool in our summer packet. You can also ask your child's teacher for ways to help.

## *How do we deal with challenging behaviors in the classroom?*

We use the principles developed by Dr. Becky Bailey called Conscious Discipline. It is one of the tools that we use as we encourage our children to love Jesus and each other well.

Children are presented with clear expectations for the classroom family with an emphasis on love and safety. At moments when a child is struggling to find calm or make safe or loving decisions they are presented with two acceptable choices giving them a level of control as they redirect their own behavior. Children who are still unable to make a safe or loving choice or are unable to gain self control can visit our “safe place”, located in each classroom, in order to “regroup” and get to a place of calm. We use many age appropriate strategies in order to equip the child with skills to label their emotions, maintain self-control and make positive choices.

### *What if I have concerns about my child's development?*

There's a space on the registration form where you can tell us about your child, including any concerns you may have. This won't keep your child from getting a placement at TPK. The information you give on your registration form allows us and your child's teacher to give the best experience possible for your child from the beginning of the school year. Please talk to us if you have questions or concerns.

### *What about potty training?*

In the three year old classes and older, it is expected that children will be independent with their bathroom needs. You can help your child be ready by making sure they are developing the habit of visiting the potty regularly, wearing clothes that are easy to put on and take off, and helping them learn to wipe and wash hands. If your child has a potty accident, we will help him or her clean up and change. Your child's teacher will let you know about any difficulties a child is having with this process.

### *What about security in the building?*

The children's safety and well-being is of utmost importance to us. We are connected to The Office of Emergency Management for Fairfax County. Our teachers are annually trained in emergency preparedness. We are also in contact with a security consultant firm who advises us in strategies and procedures that ensure the safety of our children in all types of situations. We have an up-to-date security camera system that allows us to monitor all hallways and entrances.

### *How do you handle health and allergy concerns in the building?*

We have health guidelines posted outside of each classroom; if your child is sick and contagious, or not well enough to participate, we ask that they stay home until they are symptom-free. We will call you during the day if a health concern arises. Additionally, we are a **peanut and tree nut-free** school; peanut and tree nut items are not allowed in any of our classrooms for the protection of allergic students throughout our building. If there are any specific food allergies that a child has, we also alert classroom teachers and make sure that our classroom environments are free of these allergens to protect the health of our children.