

# Welcome to Truro Preschool and Kindergarten!

*We are glad you came to visit our school today. Please feel free to call us with any questions you might have.*

*What to expect on your tour today...*

- \* Learn about what's most important at TPK
- \* Learn about the registration process
- \* See what classes are offered and the tuition rates
- \* Discover what our goals are for each age range
- \* Take a tour of the school & ask your questions

*Tours usually take about 45 minutes.*



*What's in this packet?*

- \* TPK Overview
- \* Classes Offered & Additional Programs
- \* Snapshot of Our Program
- \* Frequently Asked Questions

*What items do I need to bring with me to register?*

- \* A completed Registration Form
- \* Your child's original birth certificate or passport
- \* Registration fee: \$120 for new students; \$90 for returning students (check, cash, credit card)

## About Truro Preschool & Kindergarten

The main goal here at Truro Preschool and Kindergarten is to first help children to **know that we have been created by a loving God**, and to be in relationship with Him and others. We believe that God has a purpose and good plan for our lives. It is central to us to make sure each child in our building knows they are safe and they are loved. Our goal is to have children grow as Christ grew: "Jesus grew in wisdom and stature and in favor with God and man" (Luke 2:52).

We are a **developmental preschool**, providing intentional opportunities where children are learning through a variety of teacher-led and child-led play experiences.

We also seek to equip our children to know how to **engage in positive relationships** with their peers and teachers, and all in an age-appropriate environment that supports optimal learning and development. We hope this packet will answer your questions about TPK and our programs. Please call us if you have any additional questions.

**Truro Preschool & Kindergarten | 10520 Main Street, Fairfax | (703) 691-1006 | [truropreschool.org](http://truropreschool.org)**

TPK office hours: Monday through Friday 9am – 4pm

*(Inclement weather policy: we follow Fairfax County Public School delays and closings; call 703-691-1006 for information)*

## How to Register at TPK

*What items do I need to bring with me to register my child?*

- \* A completed Registration Form
- \* Your child's original birth certificate or passport
- \* Registration fee: \$120 for new students; \$90 for returning students (check, cash, credit card)

*What is the registration process?*

We register by lottery. Please have your forms to the TPK office by 9 a.m. the day of these lotteries. You do not need to be present on registration day. Following Open Registration, we will accept registrations on a space-available basis.

- \* January 25: Current students re-enrollment (9:15am) | Alumni lottery (1:30pm)
- \* January 30: Open registration lottery

*What if the class I wanted is full?*

- \* We will add your child to the wait list for your preferred class. We recommend placing your child on the roster for your second choice class to guarantee that you have a space for the coming year. But changes will occur and we can often accommodate your first choice!

*What happens after I register?*

- \* You will receive a confirmation email after registration is complete.
- \* You will receive information in April regarding your tuition deposit (which is non-refundable) and other next steps.
- \* We will send you a big packet of information in late July with other information about what you need to know to start school.

*What if I need to make a change?*

- \* Your registration fee and tuition deposit are non-refundable.
- \* You can move your child to another class on a space-available basis.
- \* Call the Preschool office if you have questions – we'll do our best to help!

## Classes Offered | 2018-2019

Age	Days Offered	Time	Tuition
<b>2 ½ Year Olds</b> (born on or before February 28, 2016)	2 days: Thursday & Friday	9:00am-1:00pm	\$235/month
<b>3 Year Olds</b> (born on or before September 30, 2015)	2 days: Thursday & Friday	9:00am-1:00pm	\$245/month
	3 days: Monday-Wednesday		\$370/month
	4 days: Monday-Thursday		\$465/month
<b>4 Year Olds</b> (born on or before September 30, 2014)	3 days: Monday-Wednesday	9:00am-1:00pm	\$380/month
	4 days: Monday-Thursday		\$480/month
	5 days: Monday-Friday		\$540/month
<b>Pre-Kindergarten</b> (all Pre-K students must have completed a 4's class)	5 days: Monday-Friday	9:00am-1:00pm	\$580/month
<b>Kindergarten</b> (born on or before September 30, 2013)	Monday-Friday	9:00am-1:00pm 9:00am-2:00pm	\$650/month
	3 days		
	2 days (to be determined)		

## Additional Programs Offered | 2018-2019

Program	Days Offered	Time	Tuition
<b>Breakfast Bunch</b> (3's and up)	Monday-Friday (based on enrollment)	8:00am-9:00am	\$10/day
<b>Lunch Bunch</b> (3's and up)	Monday, Tuesday, Wednesday, Thursday	1:00pm-2:00pm	\$10/day
<b>Imagination Factory</b> (4's and up)	Monday, Tuesday, Wednesday, Thursday	1:00pm-3:30pm	\$20/day

## Annual Supply Fees | 2018-2019

*We collect a supply fee instead of giving parents a supply list. Supply fee is based on how many days a week your child attends.*

<b>2-day classes</b>	\$25.00	<b>4-day classes</b>	\$45.00
<b>3-day classes</b>	\$35.00	<b>5-day classes</b>	\$55.00

# Mom & Me Playgroup

*A mini Preschool day with mom (or dad!)*

Learn, play, and get ready for school at TPK!



**Who:** Students who are enrolling at TPK in the fall, with a parent or caregiver. Younger siblings are also welcome!

**What:** A wonderful opportunity for you and your preschool child to come and play and engage in age-appropriate activities, social interactions, and preparation for their first preschool experience at TPK. Activities include free play, circle time, crafts, snack, and music & movement.

**When:** Fridays in May, 9:15-10:45. Come with your child's age group:

Incoming 2's and 2-day 3's: May 4	Incoming 3-day 3's and 4-day 3's: May 11	Incoming 4's & up: May 18.
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**Where:** TPK Room 34 (3<sup>rd</sup> floor, near the office)

**RSVP:** [fbracy@truroanglican.com](mailto:fbracy@truroanglican.com)

**Things to know:** In order to get the most out of Playgroup...

- \* Come prepared to play with your child utilizing all the activities during free play.
- \* Sit with your child during circle time. This may be a new experience for your child; if they lose interest, don't stress out! Quietly play with them on the other side of the classroom. You will be surprised how quickly they will want to join the group.
- \* Your child remains your responsibility throughout the entire playgroup.
- \* Little people can spread germs quickly! In an effort to keep everyone healthy, please do not attend if your child is sick or has had symptoms in the last 24 hours.

*We look forward to getting to know you and your child, and helping your child become familiar and comfortable with their new school!*

# Snapshot of Our Program

## Our 2 ½ Program:

*One of the primary goals in our 2½-year-old class is to help children have a positive first experience in school. In this class...*

- \* Children are encouraged to **explore** and **discover** the world around them; to learn the **routine** of the school day; to **share** and **cooperate** with friends, and express their thoughts, ideas, and feelings. This program supports the **growth of language** that is occurring rapidly at this age!
- \* Activities include: dressing up in costumes, brushing colors on easel paper, squeezing play dough, stacking blocks, putting puzzles together, exploring the sand and water tables, singing songs, and listening to stories.

## Our 3's Program:

*Our three-year-olds are involved in a wide variety of group and individual activities. In this class...*

- \* Children expand their **problem-solving** abilities, grasp of language, and memory/listening skills; and develop relationships with peers. Goals include fine and gross motor development; learning to understand and follow directions; and working together with peers in group activities.
- \* Activities include circle time stories and finger plays, **center time "hands-on" learning** experiences, and creative movement are all part of the three-year-olds' preschool experience.

## Our 4's Program:

*Our fours program follows the Virginia Standards of Learning for Pre-K. In this class...*

- \* Children build toward **kindergarten readiness** using Virginia's Foundation Blocks for Early Learning through a creative, age-appropriate curriculum with components including literacy, mathematics, science, history, and physical/motor development.
- \* Activities include **multi-sensory tasks** designed to promote early math development, pre-reading, and pre-writing skills: story time, imaginative play, games, art, and "hands-on" activities.

## Our Pre-Kindergarten Program:

*Our Pre-Kindergarten program is for children who have completed a 4's program. This class is designed for children who would benefit from an extra year of academic and social development. In this class...*

- \* Students receive an **in-depth review** of the **Virginia Foundation Blocks for Early Learning** for Pre-K and focuses on building self confidence, social skills, and independence.
- \* Goals include recognizing the **patterns and rhythms of sounds**, displaying knowledge of written and spoken words, and **demonstrating imagination and creativity** in expressing ideas orally and in writing. The goal is to give them a **solid, rich foundation** so that they will be ready to launch into reading.

*If your child is not currently enrolled in TPK, an informal assessment of the child by our Early Childhood Development Specialist is required before registering for this class.*

### **Our Kindergarten Program:**

*The Kindergarten program at TPK is a developmental approach to teaching academics. In this class...*

- \* Students work toward **all of the Virginia Standards of Learning (SOL)** objectives with learning goals for **literature, math, science, social studies, art, music, and physical education; all from a Biblical perspective.** We seek to provide a loving, nurturing atmosphere which prepares children socially, emotionally, spiritually, and academically for elementary school.
- \* Our reading program focuses on **literacy instruction** through **phonics** and **whole language**, comprehension strategies, and interactive and independent writing experiences.
- \* Our science and math programs offer a wide variety of **hands-on activities** for learning. Children learn by hearing, direct participation, and interpreting what they have learned together and with their teachers. The **curriculum** is **concrete and sequential** with a **progression of concept development.**

### **Our Chapel Program:**

- \* Children attend Chapel weekly at TPK and hear Bible stories, sing songs, share prayer requests, and participate in teacher-led skits. The use of puppets, movement and music, and opportunities for involvement make this program a special favorite among our child population.

## **Additional Programs**

*We offer the following programs before and after school. Please call the TPK office for more information.*

### ***Breakfast Bunch (3 years and older – 8:00-9:00 am)***

Breakfast Bunch is for families who need an early drop-off for their children. Children will enjoy relaxed play time, a breakfast snack (if desired – parent provided), and story time.

### ***Lunch Bunch (3 years and older – 1:00-2:00 pm)***

Lunch Bunch is a fun, relaxed time for your child to eat lunch (parent provided), have story time, and play with friends for one hour after school.

### ***Imagination Factory (4 years and older – 1:00-3:30 pm)***

Imagination Factory is a venue for your child to enjoy child-led playtime through different imaginative centers including puppets, construction toys, art projects, and various games. Using their imaginations through these creative play experiences, children are further developing their social skills. The children will eat lunch first, engage in the lesson time and then enjoy playground or upper room time depending on the weather.

# Frequently Asked Questions

## *What does a typical day at TPK look like?*

A typical school day at TPK includes circle time; center-based activities (some child-led and some teacher-led); free play; story-time and music time; indoor or outdoor recess; snack/lunch; and hands-on projects and activities. These activities are planned around a curriculum that, starting with our fours program, is based on Virginia's Foundation Blocks of Learning, so this will include our Pre-Kindergarten and Kindergarten classes as well. For our 2's and 3's, a typical day will start with greeting, tabletop activities, and a short circle time. A school snack is provided in the morning, then some Play Time in the upper room or outside, story time, a chance for center-based activities, lunch, and finally, a closing circle. Bathroom breaks are frequent throughout the day, and part of the routine at school.

## *What's the difference between an academic and a developmental program?*

At TPK, we believe that teaching to the whole child is most effective. This means that in every classroom in the building, children are given a number of developmentally appropriate activities for hands-on learning; incorporating music and movement, opportunities to strengthen fine motor and gross motor skills, learning through play, and learning to navigate their social world through every interaction throughout the day.

## *What training do teachers receive?*

TPK is committed to staying aware of research in the field of early childhood development. We engage in training throughout the year so that we can promote best practices in the classroom and ongoing professional development for teachers. We meet the Commonwealth of Virginia standards for licensing: 16 hours of continuing education for teachers and 12 for assistants.

## *Can I help in my child's classroom?*

Yes! We are not a "co-op" type preschool, so we don't have a parent participation requirement - but if you have a skill, talent, or occupation you'd like to share in the classroom - or you'd like to read a story to your child's class or help with a project - you're welcome to! We will send you a list of ways you can be involved in your child's classroom and the Preschool in our summer packet. You can also ask your child's teacher for ways to help.

## *How do we deal with challenging behaviors in the classroom?*

We use the principles developed by Dr. Becky Bailey called Conscious Discipline. It is one of the tools that we use as we encourage our children to love Jesus and each other well.

Children are presented with clear expectations for the classroom family with an emphasis on love and safety. At moments when a child is struggling to find calm or make safe or loving decisions they are presented with two acceptable choices giving them a level of control as they redirect their own behavior. Children who are still unable to make a safe or loving choice or are unable to gain self control can visit our “safe place”, located in each classroom, in order to “regroup” and get to a place of calm. We use many age appropriate strategies in order to equip the child with skills to label their emotions, maintain self-control and make positive choices.

### *What if I have concerns about my child's development?*

There's a space on the registration form where you can tell us about your child, including any concerns you may have. This won't keep your child from getting a placement at TPK. The information you give on your registration form allows us and your child's teacher to give the best experience possible for your child from the beginning of the school year. Please talk to us if you have questions or concerns. Our Early Childhood Development Specialist is here to help you learn about your child's classroom experience, how to help your child develop his or her skills, and other questions that you may have.

### *What about potty training?*

In the three year old classes and older, it is expected that children will be independent with their bathroom needs. You can help your child be ready by making sure they are developing the habit of visiting the potty regularly, wearing clothes that are easy to put on and take off, and helping them learn to wipe and wash hands. If your child has a potty accident, we will help him or her clean up and change. Your child's teacher will let you know about any difficulties a child is having with this process.

### *What about security in the building?*

The children's safety and well-being is of utmost importance to us. We utilize security cameras to monitor the building; each floor of the building is locked throughout the day with access by key card; and the staff is trained to recognize and respond to various types of situations.

### *How do you handle health and allergy concerns in the building?*

We have health guidelines posted outside of each classroom; if your child is sick and contagious, or not well enough to participate we ask that they stay home until they are symptom-free. We will call you during the day if a health concern arises. Additionally, we are a **peanut and tree nut-free** school; peanut and tree nut items are not allowed in any of our classrooms for the protection of allergic students throughout our building. We will work with families whose children have health or allergy concerns to provide the safest possible environment for all students.