



## 2026-2027 Back to School Packet

*We're excited to welcome your family to TPK for the new school year. Here's what you need to get ready for school to start!*

### **This packet contains:**

- Back-to-school checklist
- Administrative information
- Details about back-to-school events
- Health policies and procedures
- Overview of the school's special events
- Frequently asked questions

### **Back-to-school Checklist – All items on this list must be complete for your child to begin school.**

- ☐ Ensure your Brightwheel account and app are set up and ready. Email Stephanie at [sjaneiro@truopreschool.org](mailto:sjaneiro@truopreschool.org) if you have questions.
  - ☐ Update all contact (**phone and email**), pick up authorization, and billing information in Brightwheel. It is imperative that this information be entered and kept up to date.
  - ☐ If you currently have a child here and are adding a younger sibling, please note that you will still need to update your new student's account for billing, auto-pay, contacts, and personal information.
- ☐ For new students only, we must see an original birth certificate or passport (this is a legal requirement). You can bring that to the office on one of our Paperwork Days, August 10<sup>th</sup> and 21<sup>st</sup>, or to Open House.
- ☐ Have your child's Virginia School Entrance Health Form completed by your child's doctor. We need a new form for each student each year (it is valid for one year, starting on the date signed by the medical practice). You can access the form on our website. This form can also be brought on a Paperwork Day or Open House.
- ☐ If your child has allergies or needs medication kept at school, a Medication Consent Form is required. You must use our MAT form; it can be downloaded from our website.
- ☐ Please review the updated 2026-2027 Parent Handbook, accessible from our website.

### **Additional items:**

- ☐ Follow TPK on social media:
  - [Facebook/truopreschoolfairfax](https://www.facebook.com/truopreschoolfairfax)
  - [Instagram/truopreschoolfairfax](https://www.instagram.com/truopreschoolfairfax)
- ☐ [Order your TPK Spirit Wear](#) for monthly Spirit Days!

## Brightwheel – Our Parent Portal

- Download the Brightwheel app (Search “Brightwheel” and it looks like a wreath made of rainbow sprinkles) and **TURN ON NOTIFICATIONS**. This is our primary method of communication, and notifications will ensure you receive it in a timely manner.
- Please ensure that your child’s Brightwheel account is complete. We recommend making updates on the web portal for ease and completeness; profile updates on the app aren’t as intuitive.
- To edit your child’s profile from the Brightwheel [home page](#):
  - Select “Your Children.” If you have multiple children, please navigate back to this section to update each child individually.
  - Select your child’s name, which defaults to a profile page.
  - Personal Information, Address, and Contacts can be updated here.
  - Uploading a photo would also be helpful.
  - **Please make sure that all parents/guardians are listed with phone and email contact information.**
  - When adding contacts, note that parents automatically default to approved pick up, and that emergency contacts do not have a way to flag them as approved for pick up. Please feel free to add an individual to both options when appropriate.
- **If your child has any changes to their medical history** since the previous school year, please make sure to alert the office of those changes so we can be appropriately prepared where necessary.
- To edit your billing from the Brightwheel [home page](#):
  - Select “Manage Payments” and then “Payment settings” at the top.
  - Select “Add Payment Method” and follow the prompts. Note that Brightwheel accepts bank transfers or credit card payments. There will be no additional charge for bank transfers, but if you choose to pay with a credit card, you will also be responsible for the additional 2.95% processing fee.
  - We utilize Brightwheel’s auto-pay feature which will automatically withdrawal the balance of invoices on their due dates (the 10<sup>th</sup> of the month for tuition). To pay by another method or change your billing settings, please do so before the invoice due date.
  - *Please note: do not place tuition payment checks in your child’s backpack or give them to your child’s teacher as they may not get to the office in a timely fashion. If you choose to pay with a check, please come to the upper-level glass walkway and press the buzzer to hand your payment directly to a member of the admin team.*

*For assistance with Brightwheel, please contact their help desk at [help@mybrightwheel.com](mailto:help@mybrightwheel.com).*

## Communication to and from TPK

**We highly recommend that when you download the Brightwheel app you turn on notifications so that you receive any communication in a timely manner. Brightwheel does not deliver messaging to your email.** While the majority of our communication is done through Brightwheel, you may still receive emails and phone calls from us from time to time (thus the need to make sure email/number is entered into your Brightwheel account).

To communicate with your teachers or the office:

- Via the App: Select Home > Child's Name > Message > Staff & Admins to reach your child's teacher and the admin team, or Admins only to reach the office.
- Via the Web: Select Messaging > Select Child and message type.
  - Your child's name by itself reaches your teacher and the admin team.
  - Your child's name with the extra parent/admin label reaches the office only.

Communication from the office:

- The most important communication you will receive from us is our Weekly News from TPK. We send it every Friday via the Brightwheel newsletter, along with any news, upcoming events, and so forth.
- Additional school updates, including school closings for inclement weather, will also be communicated via Brightwheel messaging.

From the teacher:

- Your child's teacher will also be sending weekly updates and any class-specific news to parents via Brightwheel.

## Introducing Our Administrative Team

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|  <p><b>Fiona Bracy, Director</b><br/> <a href="mailto:fbracy@truopreschool.org">fbracy@truopreschool.org</a></p>                         | <p>Fiona joined TPK as a teacher in 2006 and later joined the office team as the Early Childhood Specialist and became Director in 2015. Her passion has always been to offer children an emotionally healthy place to grow and develop where they can thrive. Fiona grew up in the UK and after receiving her diploma in Early Childhood, worked in a preschool in London and then set up a preschool program for an already established Christian grade school.</p> <p>She moved to the USA in 2003. She has two grown children who are former TPK students and now one grandchild!</p>                                                |
|  <p><b>Stephanie Janeiro, Administrator</b><br/> <a href="mailto:sjaneiro@truopreschool.org">sjaneiro@truopreschool.org</a></p>          | <p>Stephanie joined the TPK community first as a parent and then as the Administrator in 2022. With a passion for education and travel, Stephanie has an undergraduate degree in International Business, which she used when she lived and traveled abroad until she moved back to the States, earned her MBA, had children, and embarked on a different sort of adventuring until she joined the TPK admin team.</p> <p>Her boys are now TPK alumni and are currently pursuing their next academic endeavors at a local school.</p>                                                                                                     |
|  <p><b>Amy Suppes, Early Childhood Specialist</b><br/> <a href="mailto:asuppes@truopreschool.org">asuppes@truopreschool.org</a></p>     | <p>Amy has a background in elementary education and has taught in many settings across Fairfax over the past three decades. Amy first joined TPK as a teacher and parent in 2008. She earned her master's degree in early childhood special education in 2017. Amy returned to the TPK staff in 2023 because the school holds such a special place in her heart. Amy supports teachers, students, and families to promote positive relationships and developmental growth.</p> <p>Amy and her husband have three adult sons, a teenage daughter, and serve as foster resource parents to many other children as opportunities arise.</p> |
|  <p><b>Cathy Robinson, Finance Administrator</b><br/> <a href="mailto:crobinson@truopreschool.org">crobinson@truopreschool.org</a></p> | <p>Cathy is our Finance Administrator. She oversees the day-to-day financial operations and budget implementation for TPK. Cathy loves serving the body of Christ. In addition to her work at TPK, she also serves in her local church as the Administrator and Treasurer. She also serves on the Women's Leadership Team and as a Sunday School Teacher.</p> <p>A northern Virginia native, Cathy grew up in the Falls Church area and now resides in Manassas with her husband Andy. She has five grown children and fifteen grandchildren, whom she loves hanging out with.</p>                                                       |

*Please feel free to call the school and leave a message or email any of us with questions.*

*We look forward to seeing you in September!*

*An administrative note: the information in this packet, on our website, and in the Parent Handbook may change to remain compliant with health guidance and licensing requirements.*

## Promoting Health in Our Program

What we're doing:

- Our school has a robust cleaning schedule throughout the building and will continue to clean and disinfect throughout the day. We use a safe and effective cleaning solution.
- We use air purifiers to increase ventilation throughout the building.
- Children will wash their hands with soap and water all throughout the day: upon arrival, before and after eating, after visiting the playground, after using the bathroom, and other times as needed.

What you're doing:

- Do not send your child to school when sick! Keep your child at home until they are fever-free for 24 hours without fever-reducing medication. This is extremely important – we know your child is eager to return to friends and classmates, but staying home until fully well is essential for your child's health and the health of others!
- If your child's temperature is over 100, or your child is displaying other symptoms of illness such as cough, sore throat, excessive fatigue, nausea or diarrhea, you will be called to pick your child up in a timely fashion. Please answer your phone!
- Call the office and contact your child's teacher if your child isn't coming to school and indicate if this is due to illness. Please be specific regarding symptoms so we can track potential clusters of illness in the building.
- Please refer to the parent handbook for our full health and safety guidelines.

## Important Notice Regarding Allergies and Medication

**If your child has been prescribed an EpiPen or Auvi-Q, we must have one that remains at school.**

*For students with an EpiPen/Auvi-Q or if your child needs to have any other medication kept at school, please plan ahead to complete the needed authorization forms.*

In order to keep any medication at school, whether over-the-counter or prescription, we are required to have authorization. These forms must be filled out and signed by your child's doctor before the start of school – we cannot legally keep medication for your child without authorization. Please download the medication authorization form from our website or email Stephanie at [sjaneiro@truropreschool.org](mailto:sjaneiro@truropreschool.org) to receive forms.

## Daily Drop off and Pickup Procedures

### Core Hour Classes (9am-1pm [2pm for K])

#### Morning Drop Off:

- You will have a designated spot to drop off and pick up your child.
- Come to your designated spot at 8:55am; your child's teaching team will greet the children at 9:00am and escort them into the building.

#### Afternoon Pick Up:

- Please proceed to your class's designated spot at 1pm (2pm for kindergarten).
- Please bring your pick-up card with your child's name on it. You will receive several copies of this card at Open House for you to distribute as you wish. Anyone with a pick-up card is authorized to pick up your child.

### Extended Day Classes

#### Drop off for 3-year-olds:

- All 3-year-olds in the extended day program will join the 5-day 3 friends in room 13b between 8-9am. Please use the doorbell under the blue awning at the back of the building, and a teacher will greet you and escort your child into the classroom.
- At 9am, students in the 3- and 4-day classes will be picked up by their teacher and taken to class for core hour instruction and then returned to the 5-day 3s class at 1pm to finish out their day.

#### Drop off for 4s, Pre-K, and Kindergarten:

- Between 8-9am, parents will take their children in through the glass walkway to the Upper Room to meet the morning care teachers.
- At 9am, core hour teachers will collect students from the Upper Room for class instruction.
- At 1pm (2pm for kindergarten), teachers will take students in the extended day program to join the afternoon care teachers.

#### Pick up for all extended day students:

- Extended Day classes will have designated outside pickup spots for 3:30pm.
- Please proceed to your child's pick-up spot and bring your pick-up card with your child's name on it. You will receive several copies of this card at Open House for you to distribute as you wish. Anyone with a pick-up card is authorized to pick up your child.

### Morning Care Drop-in and Afternoon Stay and Play

- Please make sure you sign up for your desired date(s) and time slot on the sign-up; it is easy to select the incorrect date. **Please do not bring your child without first signing them up on the SignUp Genius link.** The sign-up link will be shared just before the school year begins.
- Drop-in care is offered on a first-come, first-served basis.

- If your child is signed up for the morning care drop-in, please follow the drop-off procedure listed above for extended day children of your child's age and make sure to let the teacher know they are there for drop-in care.
- If your child is signed up for afternoon Stay and Play, please send them with an afternoon snack. We anticipate that all Stay and Play pick-ups will be at 3:30pm, around the back. Please bring your pick-up card, as the staff will likely not be your child's regular teacher.

**Making special drop-off/pick-up arrangements:**

- Please call the office if you need to make any special arrangements for dropping off or picking up.
- Please make sure you have added any additional pickup people in Brightwheel as an "approved pickup contact." If someone comes to pick up your child without a pickup card, we will check the pickup lists in Brightwheel to verify who can pick up your child and confirm against a photo ID.

## Important Dates for Your Calendar

**Orientation for All Parents (hybrid format) | Monday, August 31<sup>st</sup>, 7:00pm**

This session, conducted simultaneously in person and via Zoom, will give you full orientation to TPK's operational plans for the coming school year. We will cover drop-off and pickup, snacks and lunch, health and safety on campus, and other important details. For the most engaging experience, we invite you to join us in person at the school for this event. However, for those unable to join on campus, we will set up a computer to stream the session via Zoom. A link for this will be sent out before the orientation meeting.

**Open House | Tuesday, September 8<sup>th</sup>**

Open House is an important time for you and your child to visit their new classroom. Please plan to come without other siblings so you can get a good look at the classroom and get to know the teacher together. We will split the class roughly in half alphabetically by last name and schedule time slots for you to visit during Open House. More details will follow later this summer.

**First Day of School | Wednesday, September 9<sup>th</sup>**

Beginning Wednesday, September 9<sup>th</sup>, classes will meet on their normal days and times. The exception to this is our 2 1/2s class that begins on Thursday, September 10<sup>th</sup> and runs 9am-11:30am for the first two weeks.



### **Back to School Night | Thursday, September 24<sup>th</sup>, 7:00pm**

This session will be an opportunity to hear from your child's teacher about their plans for the school year! Get to know your child's teacher, meet other parents, hear how you can participate, and more! Stay tuned for details.

### **Fun Run and Fall Fest – our fall fundraiser! | Saturday, November 7<sup>th</sup>**

Save the date! We host a 1-mile family fun run to raise funds for the Preschool's ongoing mission, including operational expenses and TPK's Caring & Scholarship Fund. You will register online, receive a t-shirt and instructions, and run or walk a mile with us. It's always a fun morning with a moon bounce, food, music, games, and a raffle!

### **Class Celebrations**

At various points throughout the year, your child's class may have special celebrations to which parents will be invited. Keep that in mind as you plan your school year and, if necessary, time off work. For more specifics, please reach out to your child's teacher.

## **School Supplies, Snack/Lunch, and What to Send With Your Child**

### **Is there a required supply list?**

The only item we request that each family provide is one pack of white printer paper. You can bring it to the TPK office or give it to your child's teacher.

Most other supplies are purchased as needed and funded by a supply fee, although your child's teacher may ask for a few specifics, like making playdoh that you can sign up for. The supply fee varies based on how many days your child attends school and will be payable through Brightwheel with your first tuition payment.

2 & 3-day students: \$75

4-day students: \$90

5-day students: \$100

Kindergarten students: \$140

We have a small wish list for the TPK office! These items are not required, but if you ever want to bless the office, we will happily receive any of the following:

- Keurig K-Cup coffee pods – Breakfast Blend!
- Cardstock



- Clothing donations, particularly socks, underwear, pants, and sneakers for 3-6yo.

## **What do I need to send with my child?**

- A backpack big enough to bring artwork and notes home, as well as your child's lunchbox and water bottle.
- For 2's and 3's: a change of clothes. Potty accidents can happen, especially during the first days of school. Our 2's and 3's classes keep a change of clothes in the classroom or in backpacks, just in case. If your child doesn't have a change of clothes and has a potty accident, we have clean clothes available for children to borrow.
- Lunch for your child and a snack if your child's class has snack time. Your child's teacher will communicate to you the best way to plan snack and lunch for your child's specific class. (All food items need to be peanut- AND tree nut-free for the safety of our students with allergies.) Please be sure to include utensils, a napkin, and a reusable water bottle (labeled with your child's name). If your child is in an extended-day class or coming for Stay & Play, plan for an additional snack in the afternoon.

## **Frequently Asked Questions**

### **When will I know which class my child is in?**

You will receive communication confirming your child's teacher assignment and other details in late August.

### **My child is still working on potty training. What do I do?**

First of all, don't stress out about this. Dress your child in clothes that are big enough to maneuver easily and without snaps, buttons, or zippers. Then work with your child on going to the potty every couple of hours, or less if they are still having accidents. In the first weeks of school, we will take the children to the potty regularly throughout the day. Please do not send your child to school in pull-ups. If an accident occurs, we will help your child change into dry clothes. See the Potty Policy in the parent handbook or call us for more information.

### **What about drop off and pickup?**

We do drop off and pick up outside. See the pickup page earlier in this packet for details. *Please note:* We can arrange curbside pickup for families with logistical needs, such as a sleeping baby in the back seat of the car or a grandparent with mobility needs, making it difficult. Please call the office if you need assistance with pickup.

### **Can I be on the substitute list?**

We do sometimes need substitutes in our classrooms. As a sub, you would serve as the assistant for the day (if the lead teacher is out, the assistant takes the lead). Substituting is a paid position; you

would be required to take online training in the prevention of sexual misconduct with children and background investigations in accordance with our licensing. Email Fiona to learn more about our sub needs, [fbracy@truopreschool.org](mailto:fbracy@truopreschool.org).

## **How do I volunteer?**

We welcome parental involvement in our school! Volunteer opportunities include assisting with picture days, helping set up for a special event, organizing the library, supporting the Fall Fest, career days, reading to a class, and more. Interested persons can email Stephanie at [sjaneiro@truopreschool.org](mailto:sjaneiro@truopreschool.org) or respond to requests from your child's individual teacher throughout the year.

## **What is Drop-in Care / Stay & Play?**

In addition to offering classes geared towards families in need of full-time extended-day classes, we are pleased to offer a drop-in option for families who need extended-day care on an intermittent basis. A select number of drop-in care spaces are available for our 3-year-old classes and up, on a first-come, first-served **basis**. If you are enrolling your child for an afternoon of drop-in care (dubbed "Stay & Play"), please send them with an extra snack. A sign-up link will be distributed shortly before the school year begins.

Stay & Play coverage is offered for the 8-9am hour and the afternoon, covering 1-3:30pm (2-3:30pm for kindergarten). Please ensure you are signing your child up for the correct date/time/age group.

**Please do not bring your child to school early without first signing them up** via the sign-up link (to be provided before school begins).

## **What is Practical Parenting?**

As parents, you are your child's most influential and consistent teacher. Practical parenting is a coaching platform we have developed to equip you with effective tools for your parenting role. Fiona Bracy, our Director, and Vicki Ledeboer, our former Resource Specialist, meet with parents to share their extensive experience and wisdom on many parenting topics, including managing challenging behaviors, sibling rivalry, protecting your children from predators and abuse, and developing strong social and emotional skills in your child, among others. These sessions are held monthly on Wednesdays.

## **Is Mom and Me Monday returning?**

Yes, Mom and Me Monday is returning for the 2026-27 school year! This program is for moms and their toddlers ages 0-3yo who are not yet enrolled (2s class can attend!) and is planned for each Monday that school is in session. Mom and Me provides an opportunity for your child to have a short practice preschool moment each week with a circle time, snack time, and play time. Moms also have a moment to connect — with each other and our school staff. You do not have to be a currently enrolled family to attend; please invite others in your network and introduce them to TPK! This year's Mom and Me Monday program will run with the suggested donation of \$5/session.